

Coldstave P DS Suspension

**Chlorpheniramine Maleate (2mg/5ml) +
Phenylephrine (5mg/5ml) + Paracetamol
(250mg/5ml) + Sodium Citrate (60mg/5ml)
Suspension**

This suspension combines Chlorpheniramine Maleate, an antihistamine, Phenylephrine, a nasal decongestant, Paracetamol, an antipyretic and analgesic, and Sodium Citrate, an expectorant. It is commonly used for the symptomatic relief of cold, cough, and flu-like conditions.

Composition (per 5ml):

- **Chlorpheniramine Maleate: 2mg**
- **Phenylephrine: 5mg**
- **Paracetamol: 250mg**
- **Sodium Citrate: 60mg**

Indications:

This suspension is indicated for:

1. **Relief from cold symptoms such as:**
 - **Runny or blocked nose**
 - **Sneezing**
 - **Watery eyes**
2. **Reduction of fever and mild-to-moderate pain.**
3. **Cough associated with throat irritation or minor respiratory infections.**

Mechanism of Action:

1. **Chlorpheniramine Maleate: Blocks histamine receptors to reduce allergic symptoms like sneezing and runny nose.**

2. **Phenylephrine: Acts as a nasal decongestant by constricting blood vessels in the nasal passages.**
3. **Paracetamol: Reduces fever and relieves mild-to-moderate pain by inhibiting prostaglandin synthesis in the brain.**
4. **Sodium Citrate: Reduces the viscosity of mucus, aiding in its clearance.**

Dosage & Administration:

- **Adults and Children Above 12 Years: 5ml every 6–8 hours (maximum 20ml in 24 hours).**
- **Children 6–12 Years: 2.5ml every 6–8 hours (maximum 10ml in 24 hours).**
- **Children 2–6 Years: 1.25ml every 6–8 hours (maximum 5ml in 24 hours).**

Note: Dosage may vary based on the severity of symptoms and physician's advice.

Side Effects:

- **Common Side Effects:**
 - **Drowsiness or dizziness (due to Chlorpheniramine Maleate).**
 - **Dry mouth or throat.**
 - **Nausea or upset stomach.**
- **Serious Side Effects (Rare):**
 - **Allergic reactions (rash, itching, swelling).**
 - **High blood pressure (due to Phenylephrine).**

Precautions:

1. **Allergy: Avoid use in individuals allergic to any component of the formulation.**

2. **Driving and Operating Machinery:** May cause drowsiness; avoid tasks requiring alertness.
 3. **Hypertension or Heart Disease:** Use cautiously due to Phenylephrine's vasoconstrictive effects.
 4. **Liver Disorders:** Use cautiously or avoid prolonged use due to Paracetamol.
 5. **Pregnancy and Lactation:** Consult a physician before use.
-

Drug Interactions:

- **MAO Inhibitors:** May enhance the effects of Phenylephrine.
 - **Sedatives or Alcohol:** May increase drowsiness caused by Chlorpheniramine.
 - **Other Paracetamol-containing Medications:** Avoid to prevent overdose.
-

Overdose Symptoms:

- **Paracetamol overdose** can cause severe liver damage.
 - Symptoms include nausea, vomiting, abdominal pain, or confusion.
 - **Immediate medical attention is required** in case of overdose.
-

Storage:

- **Store at room temperature (15–25°C).**
 - **Protect from direct sunlight and moisture.**
 - **Keep out of reach of children.**
-

Key Counseling Points:

1. **Shake well before use.**
2. **Use the provided measuring device to ensure accurate dosing.**

3. **Avoid giving to children under 2 years** without medical advice.
 4. **Do not exceed the recommended dose.**
 5. **If symptoms persist for more than 5 days or worsen, consult a healthcare provider.**
-

This Chlorpheniramine Maleate + Phenylephrine + Paracetamol + Sodium Citrate Suspension effectively relieves cold and cough symptoms, providing fast-acting relief from discomfort. Use as directed for optimal results.

Manufactured in India for:


CafoliTM
L I F E C A R E
Cafoli Lifecare Pvt. Ltd.
(An ISO 9001: 2015 Certified Co.)
Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113
TM: Trademark Applied for